



SUNDARA

SPA + STUDIO

OIL NUT BAY
VIRGIN GORDA · BRITISH VIRGIN ISLANDS



Relaxation & Rejuvenation

OUR PHILOSOPHY

Our Spa & Wellness offerings are inspired by the healing power of the cleansing sea and grounding terrain that surrounds Oil Nut Bay. By mirroring these qualities of nature, we can better nurture the mind, body and spiritual well-being of our cherished community and guests.

Our commitment to your well-being focuses on essential holistic principles, combining traditional wisdom with modern expertise. We are dedicated to celebrating the natural beauty and unique goals and needs of each individual through personalized spa treatments and wellness sessions that are completely

customizable to meet you wherever you are on your self-care journey. The result is a greater sense of multi-dimensional health and vitality and a deeper resonance with one's natural beauty and connection to oneself.

Whether you seek inner alignment and balance through healing bodywork, a holistic program to re-ignite your health journey or a rejuvenating skin treatment, Sundara Spa is your sacred sanctuary for mind, body and spirit to fully decompress and rediscover the island paradise that lies within.



*Our journey is one of
creativity, integrity,
and a respect for the sea.*

— Sundara at Oil Nut Bay

OUR PRODUCTS

All of our products are intentionally selected based on alignment with Oil Nut Bay's ethos. They are paraben-free, cruelty-free, and meet our high standards for sustainability, allowing you to unwind fully with a clear conscience, experiencing the luxurious benefits of holistic well-being in its purest, most natural forms.

VOYA

VOYA's story is one of innovation, integrity, and respect for the sea. For over 10 years, VOYA has set the standard for truly effective, certified organic skincare worldwide. Created lovingly by the Walton family on the west coast of Ireland, VOYA is the world's first certified organic seaweed-based skincare range. It is the leading expert in harnessing the endless restorative and healing powers of seaweed.

VOYA blends cherished natural resources with a wealth of the purest organic active ingredients and essential oils to give you the skin of your dreams. Using generations of acquired wisdom about the sea, their products bring you an organic beauty range designed to delight and purify your body.



Body Rituals

VOYA AROMA TOUCH MASSAGE

60 Minutes - \$210 | 90 Minutes - \$310

VOYA's therapeutic Aromatherapy massage is intended to balance your skin, body, and energy to bring a sense of equilibrium and calm. Using the highest quality botanical ingredients and aromatherapy oils to deeply hydrate, soothe and nourish your skin, ultimately to experience full relaxation. Your therapist will choose a blend of harmonious essential oils and calming scents to realign your senses during this deeply relaxing and restorative treatment. You will leave with an increased sense of well-being and renewed energy.

VOYA ORGANIC HERBAL BAG MASSAGE

90 Minutes - \$320

A real sensory treat, warm steamed bags of orange, clove, ginger, and Fucus Serratus seaweed are gently massaged into the body releasing the precious seaweed oils. We use a combination of the finest organic ingredients & seaweed to massage your body, to gently exfoliate and nourish your skin.

SEAWEED LEAF WRAP

90 Minutes - \$350

Unlike any other seaweed treatment, this truly amazing detoxifying therapy uses organic seaweed leaves to wrap your body. Beginning with a seaweed bladder-wrack body buff, this treatment detoxifies firms and softens the skin. The whole body is then covered in Laminaria Seaweed leaves for instant results. Concluded with an application massage of Softly Does It Lotion to nourish and soften.

VOYA DEEP MUSCLE MELTER MASSAGE

30 Minutes - \$170 | 60 Minutes - \$225 | 90 Minutes - \$320

This impactful massage works deeply into stiff, tight, and aching muscles to instantly release tension. Designed to alleviate muscular stress, VOYA's powerful antioxidant and anti-inflammatory body oils work to moisturize with fatigue-busting ingredient blends such as Evening Primrose, Hemp Seed, and Rosehip. The use of slow and strong strokes and pressure manipulates and softens the muscles encouraging healthy circulation, whilst firm flowing movements work deeply into the layers of the muscle fibers to stretch and drain the body, leaving you comforted, grounded, and restored.

VOYAGER MASSAGE JOURNEY

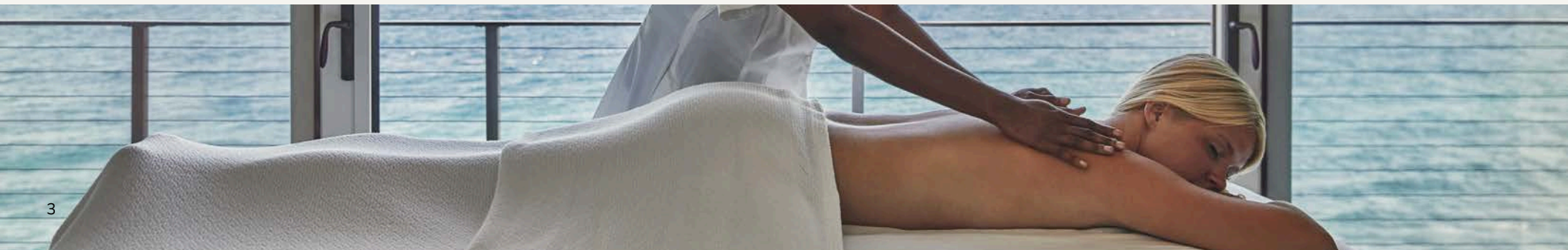
90 Minutes - \$320

A complete top-to-toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage that echoes the movement of the sea combining both gentle and stimulating movements. This is the ultimate luxury treatment to relieve aches and pains, tailored to individual needs.

OCEAN ESSENCE BODY WRAP

75 Minutes - \$320

Combining the detoxifying power of Fucus Serratus seaweed with the cellulite-reducing abilities of this treatment, stimulates the blood and lymph flow, detoxifies, and hydrates the skin and encourage the renewal of skin cells. It is an excellent skin rejuvenator, combating cellulite and fatigue and producing a moisturizing effect.





Body Ritual Enhancements

CELLUMA-PRO LED MASK

During Treatment Time

\$40

LAVA SHELL

During Treatment Time

\$40

REFLEXOLOGY

Add 30 Minutes

\$110

BODY BRUSHING

Add 20 Minutes

\$100

EXFOLIATING BODY SCRUB

Add 20 Minutes

\$100



Face Rituals

VOYA SKIN RENEWAL FACIAL

60 MINUTES - \$230

This skin-renewing facial combines restorative properties with results-driven organic formulas that are designed to achieve optimal skin health. Using a multi-level approach, including a purifying cleansing ritual, a powerful age-defying facial massage, a deeply restorative mask, and Sonic pulse technology. The facial is completed with VOYA's advanced serums and moisturizers tailored to suit your skin's needs. A high-performance facial formulated to diminish congestion and help improve lacklustre skin. The facial also targets issues such as dryness, dehydration, sensitivity, and rosacea for skin that feels and looks truly comforted and hydrated.

VOYA SELF DISCOVERY RADIANCE FACIAL

50 MINUTES - \$210

This incredible skin-specific organic facial is deeply detoxifying and thoroughly revitalizing and helps to even your skin tone and increase clarity. This facial incorporates a relaxing facial massage that releases any build-up of toxins to improve radiance and restore a glowing complexion.

VOYA MARINE EYE TREATMENT

15 Minute Add-On to any Facial or Body Ritual - \$50

Using organic Laminaria Digitata seaweed eye compresses, which are hand-harvested from the wild Atlantic Ocean, this is a unique treatment for refreshing and rejuvenating tired eyes. Combining both relaxing and decongesting lymphatic massage movements to banish puffiness and dark shadows, we also use specialized eye masks for those individuals who are specifically concerned with aging around the eye area. This is a firming, hydrating and results-orientated treatment that uses specific products rich in seaweed extract, green tea and vitamin C, to help reduce the appearance of fine lines and decongest the eye area.

Face Ritual Enhancements

CELLUMA-PRO LED MASK

Add 20 Minutes \$40

REFLEXOLOGY

For Anti-aging, Acne, Pain Relief or Healing \$110
Add 30 Minutes





Hand & Foot Rituals

VOYA MANICURE

35 Minutes - \$110 | 50 Minutes - \$120

Absorb the healing benefits of a hand soak in a natural copper bowl, followed by detailed nail shaping and cuticle work. To recondition and refine your hands and arms, we'll then apply exfoliation followed by a deeply relaxing massage. Your hands are then wrapped in warmed Atlantic seaweed leaves to increase circulation and hydrate dry skin. We'll then top you off with a fresh polish application using Tenoverten's clean beauty nail lacquers, and finish with an intensely nourishing moisturizer and cuticle oil application.

VOYA PEDICURE

45 Minutes - \$120 | 60 Minutes - \$150

Ease tension with a detoxifying foot soak in a natural copper bowl, followed by detailed nail shaping, cuticle work, and callus removal. To recharge the circulation of the lower limbs and refine your skin you will also enjoy a Sea Salt Scrub exfoliation from the knees down. This is followed by a deeply relaxing massage of the lower legs after which your legs are wrapped in warmed Atlantic seaweed leaves to further detoxify, increase circulation, and revive tired feet and legs. A fresh polish application using Tenoverten's clean beauty nail lacquers will help you put your best foot forward along with an intensely nourishing moisturizer and cuticle oil application.



Hand & Foot Ritual Enhancements

GEL POLISH

Add 15 Minutes \$30

GEL POLISH REMOVAL

Add 10 Minutes \$20



Beauty & Glam

WAXING

Designed for comfort and precision, our expert aestheticians use gentle, high-quality products to leave your skin flawlessly smooth. Whether prepping for a day on the beach or an elegant evening under the stars, we'll ensure a refreshing, radiant finish.

HALF LEG	\$75
FULL LEG	\$100
ARM	\$50
UNDER ARM	\$30
BACK	\$75
CHEST	\$75
BIKINI	\$30
FACIAL WAXING	Starting From \$30

LASHES & BROWS

Whether you desire perfectly sculpted brows, a lash lift for effortless elegance, or a tint for that sun-kissed, makeup-free glow, our skilled aestheticians tailor each treatment to your unique features.

TINT	\$50
EYEBROW SHAPE	\$50

HAIR & MAKE-UP

Hair is booked in advance as we bring in the perfect stylist to Sundara Spa to suit your needs. Stylists are dedicated to crafting a look that complements your style and enhances your natural beauty. Prices confirmed upon booking. Additional fees may apply.

WASH, CUT AND BLOW	\$170
BLOW	\$115
MEN'S CUT	\$90
FULL COLOR	\$230
HIGHLIGHTS - PARTIAL	\$335
HIGHLIGHTS - FULL	\$415
WEDDING TRIAL	\$140
WEDDING - 2 HOURS	\$345
WEDDING - FULL DAY	\$575



A person with blonde hair in a bun, wearing a black backless athletic top, is sitting in a meditative pose on a beach. The background shows the ocean and a cloudy sky. The text "A Journey To Wellness" is overlaid on the right side of the image.

A Journey To Wellness

Wellness Classes

YOGA

[60 Minutes] Individual -\$170 | Add Participant \$20

A one-on-one mindful movement experience, allowing for the customization of your own personalized class based on your individual goals for mindfulness, skill improvement, flexibility, mobility, strength, injury prevention, remedial therapy, and/ or stress relief.

MEDITATION & MINDFULNESS WITH SOUND

[30 Minutes] Individual -\$120 | Add Participant \$10

Meditation goes beyond your stay; it's a life tool you can use to help settle the sometimes turbulent waters of the mind and raise the frequency of your thoughts and consciousness. Whether you wish to cultivate greater self-awareness, manifest abundance, re-wire patterns that no longer serve you, or release stress and anxiety about the past or future. Become fully present in this beautiful moment at Oil Nut Bay.



Holistic Wellness Programs

Must be pre-booked before your arrival to ensure availability and proper customization of your program.

SUNDARA RELEASE

Two 90 Minute Body Rituals & One 90 Minute Yoga and Sound Meditation - \$900

Cleansing, purifying, soothing and expansive - this immersive program is inspired by the elements of Water and Air to provide the ultimate release for your mind, body and spirit. Melt tension with a Voyager Massage Journey, detoxify and rejuvenate with the Ocean Essence Body Wrap and let go of all that is no longer serving you through guided yoga & meditation.

1 X 90-MINUTE YOGA & SOUND MEDITATION

VOYAGER MASSAGE JOURNEY - 90 MINUTES

VOYA OCEAN ESSENCE BODY WRAP - 90 MINUTES

SUNDARA REVITALIZE

Four Spa Rituals & One 90 Minute Yoga and Sound Meditation - \$1200

Grounding, energizing, strengthening and empowering - this immersive program is inspired by the elements of Earth and Fire to support you on a revitalizing journey during your stay. Contact us to personalize your journey.

1 X 90-MINUTE YOGA & SOUND MEDITATION

DEEP MUSCLE MELTER MASSAGE - 60 MINUTES

ORGANIC HERBAL BAG MASSAGE - 90 MINUTES

VOYA SKIN RENEWAL FACIAL - 60 MINUTES

VOYA MARINE EYE TREATMENT - 15 MINUTES

SUNDARA SPA TIME

Two hours of Tailored Spa Time - \$420

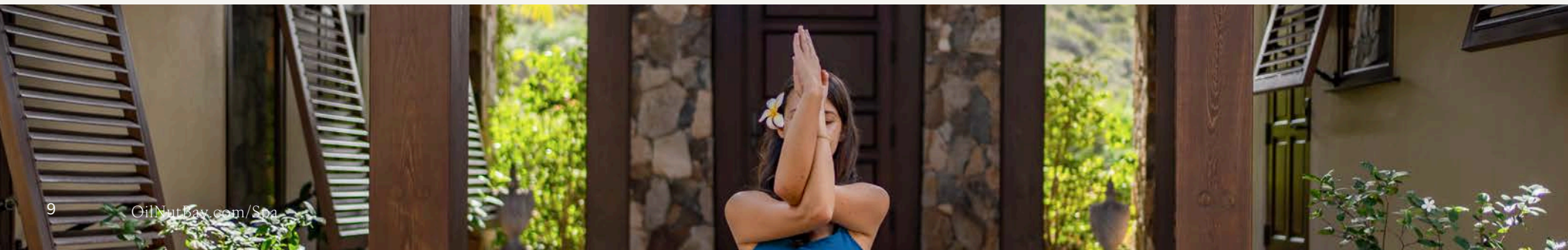
The perfect way to relax and rejuvenate the full body.

RADIANCE FACIAL - 30 MINUTES

CELLUMA LED MASK WITH ARM, NECK & SHOULDER MASSAGE - 30 MINUTES

BACK MASSAGE - 30 MINUTES

REFLEXOLOGY & LEG MASSAGE - 30 MINUTES





POLICIES

All Spa & Wellness services are subject to availability. We encourage you to pre-book all desired services in advance.

All treatments are offered in our new Spa facility. Massage treatments can be requested in the comfort of your villa at an extra cost of \$100 per person.

For Oil Nut Bay home owners and guests, all charges will be posted to your villa and settled upon check-out. Gratuity/service charges are not included. For guests not staying at Oil Nut Bay, a credit card is required to secure your booking.

Cancellations within 24 hours of your scheduled booking and “no-shows” are subject to a 100% cancellation charge. Please be aware that in busy periods, we may be unable to extend or reschedule your treatment time if you are running late.

Our company operates a zero-tolerance policy regarding inappropriate behavior, and we reserve the right to stop any session at any time.



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SpaAndWellness@OilNutBay.com | OilNutBay.com/Spa | US 1-800-761-0377 | BVI 1-284-393-1000